

Before Electronics

you are responsible for completing this list before
computers, tablets, or tv



Get Ready for the Day

get dressed, brush teeth & hair, eat breakfast

Read 20 Minutes

grab a book you enjoy & find a comfy spot

Draw and Write

make a card, draw, or practice your letters

Help Out

ask mom or dad if they need help with a small chore
put away three toys or items that are out of place

Play

find something fun to do
(at least 30 minutes)

You Earned It!

When all your tasks are completed, you earned _____ of electronics time.

Keep track of your time and use it wisely!